

Gluten Free Menu

Poached Eggs

on gluten free toast with hollandaise sauce & your choice of either:

Benedict smoked ham 7.25

Florentine(V) buttered spinach 6.95

Royale smoked salmon 7.95

Scrambled Eggs

on gluten free toast with your choice of either:

- Smoked salmon 7.95

- Field mushrooms (V) 6.95

Fried Eggs

on gluten free toast with crispy streaky bacon and slow roasted tomatoes 6.95

Bacon Sandwich

Six slices of crispy smoked streaky bacon on gluten free bread 5.95

Cheese toasties

on gluten free bread

Cheddar, Mozzarella & Swiss Cheese (V) 6.95

Smoked Ham & Mature Cheddar 7.95

Mushroom, Truffle Oil & Swiss Cheese 7.95

Sandwiches

on gluten free bread

Fig Jam, Apple & Cream Cheese 6.95

Tuna Mayo, Chives & Sweetcorn 7.95

Smoked Salmon & Cream Cheese 7.95

Roast Chicken, Bacon & Avocado 7.95

Pastrami, Swiss Cheese, Pickle Relish & Horseradish Mayo 7.95

All served with crisps & salad garnish with honey & mustard dressing

LBC Favourites

Homemade Baked Beans &

Mushrooms (V) (VEO)

Sweet, smoky baked haricot beans on gluten free toast topped with field mushrooms 7.25

Smashed Avo (V) (VEO)

Smashed avocado, mini mozzarella, sunblush tomatoes, roasted pumpkin seeds, chilli oil & rocket on gluten free toast 7.25

Add crispy streaky bacon 2.00

Add sliced roast chicken 2.50

Ploughmans

Ham, cheddar cheese, mustard, pickles, apple, red onion chutney, salad & gluten free bread 10.95

Little Book Salad (V)(VEO)

Mixed leaves, mini mozzarella, sunblush tomatoes, olives, avocado, honey & mustard dressing served with gluten free toast 8.95

Light Bites

Toast (V)(VEO) Gluten free toast with jam, marmalade, nutella, marmite, peanut butter or honey 2.50

Homemade Gluten Free Plain Scone

With butter 1.95

With Tiptree Strawberry jam 2.45

With jam & clotted cream 3.25

LBC Cooked Breakfasts

LBC Cooked Breakfast

Four rashers of smoked streaky bacon, field mushroom, roasted tomato, homemade baked beans, fried egg & gluten free toast 9.25

LBC Vegetarian Breakfast

(V) (VEO) Field mushroom, homemade baked beans, oven roasted tomato, pan-fried halloumi, spinach, fried egg & gluten free toast 8.95

Sorry, no substitutions on our LBC breakfasts.

Optional Extras

Avocado 2.00

Bacon – 2 rashers 2.00

Egg – poached or fried 1.25

Eggs – scrambled 2.00

Field mushroom 2.00

Halloumi 2.00

Homemade beans 1.50

Smoked salmon 3.50

Spinach 2.00

Toast – gluten free 1.25

Tomato slow roasted 1.25

All prices include VAT

Gluten Free Menu

Little One's Menu

(For children or for those with little appetites)

Egg, bacon & gluten free toast

Choose either scrambled, fried or poached egg 3.95

Homemade beans & gluten free toast 3.50

Half a sandwich on gluten free bread with crisps

Ham 3.50 / Cheese 2.95 / Jam 2.75

Cheese on toast (V)

Cheddar & red Leicester melted on gluten free toast, with crisps 2.95

Ice Cream – One scoop of strawberry, chocolate or vanilla 1.95

Little one's drinks

Milk 0.60

Orange squash/Ribena 0.50
(free refill)

Fruit juice – Orange; Cloudy apple or Cranberry 0.80

Babycino A cup of foamed milk topped with chocolate sprinkles 0.70

Hot chocolate with whipped cream & marshmallows 1.95

Desserts

Neapolitan

Scoop of strawberry, chocolate & vanilla ice cream 4.50

Chocolate Fudge Cake

served warm with cream 4.50

Lemon Posset 4.50

Also see our sweet treats blackboard for today's choice of homemade cakes

Coffees

Double espresso 1.75

Americano Milk optional 2.00

Café latte 2.50

Cappuccino with a dusting of chocolate 2.50

Flat white 2.25

Café mocha 2.95

Iced latte 2.50

Add a flavoured syrup +0.45

Caramel, Hazelnut, Vanilla, Gingerbread

Decaf coffee available for all the above

Hot chocolates

Kokoa Collection, made with real chocolate for true chocolate lovers

White (Ivory Coast) 3.50

Dark (Venezuela 58%) 3.50

Extra dark (Ecuador 70%) 3.50

Classic hot chocolate sweet & indulgent served with whipped cream & marshmallows 3.50

Soya milk & skimmed milk available

Drinks

Teas

Pot of English breakfast tea 1.75

Earl Grey 1.95

Darjeeling 1.95

Decaf tea 1.75

Fruit & herbal teas 1.95

Peppermint

Green tea

Redbush

Lemon & ginger

Strawberry & raspberry

Chai tea latte Spiced tea mixed with hot steamed milk 2.50

Hot water, lemon & honey 1.60

Soft drinks

Fruit juices 1.95

Orange; Cloudy apple; Cranberry;

Milkshakes 3.25

Made with vanilla ice cream

Caramel

Strawberry

Vanilla

Gingerbread

Hazelnut

Posh pops 2.50

Strawberry & rhubarb

Ginger beer with chilli

Elderflower

Cloudy lemonade

Coca-Cola; 330ml glass bottle 2.35

Diet coke 330ml glass bottle 2.25

Mineral water still / sparkling 1.55

Wines & Bottled Beers

Please see the blackboard for this month's choice of wine & beer

Small bottle of wine (187ml)

White, Rosé or Red from 5.25

Prosecco small bottle (200ml) 5.25

Ale (500ml) from 3.95

Lager (330ml) from 3.75

All prices include VAT

